



ACORN'S MENU



Breakfast

Pieces of fresh fruit with Cereals, Porridge and Milk or honey. Toast & Spreads.

Morning Tea

Fresh fruit platter of in-season fruit – minimum of 4 varieties.

Lunch

Afternoon Tea

Day 1	Cheese Tortellini	Berry Muffins
Day 2	Vegetable & Lentil Bake	Fruit Toast
Day 3	Individual Quiche	Date Scones
Day 4	Stroganoff & Rice	Pancakes
Day 5	Egg Noodle Stir Fry & Tofu Strips	Choc Chip Cookies & Milk
Day 6	High Stack Vegetable Pizzas	Spinach & Cheese Muffins
Day 7	Cottage Cheese Bake	Cinnamon Scrolls
Day 8	Macaroni Fingers	Date Bran Muffins
Day 9	Kidney Bean Doritos & Toss Salad	Ginger Bread & Apple Sauce
Day 10	Vegetable Lasagne	Banana or Carrot Bread
Day 11	Spinach & Fetta Triangles	Apple & Apricot Slice
Day 12	Golden Crumbed Nuggets	Chocolate Orange Muffins
Day 13	Macaroni Cheese with Vegetables	Cheesy Mite Rolls
Day 14	Hunza Pie	Berry Muffins
Day 15	Individual Pizza	Vegetables & Dips
Day 16	Cheese & Rice Balls	Date Scones
Day 17	Lentil Sheppard's Pie	Lite & Tasty Muffins
Day 18	Oat Burger & Bun	Choc Chip Cookies & Milk
Day 19	Spaghetti & Pecan Nut Balls	Spinach & Cheese Muffins
Day 20	Vegetable Soup	Cinnamon Rolls

All of the above dishes are prepared freshly each day in our kitchen